

## THREE BEARS LACROSSE CAMPS

Welcome to *Three Bears Lacrosse Camps*. We're committed in providing a strong structure based on teaching the fundamentals and mechanics of lacrosse. Our camp will have an emphasis on drill work to build and strengthen your stick work, team drills, and offense/defense concepts.

Due to field space and staffing each camp will have a maximum number of players per camp...we will sell out!

Players outside of UA are welcome.

Any questions, comments or concerns  
Contact Dan Hendrickson at  
[dhendric@columbus.rr.com](mailto:dhendric@columbus.rr.com)

### Staff:

Ted Wolford-Head Coach UAHS  
Brett Diehl- Head Coach Jones M.S  
Dan Hendrickson-Head Coach Hastings M.S

Three Bears Camp directors have over 76-years of coaching lacrosse experience. They will be joined by UAHS staff coaches from varsity, j.v, and freshman.

Our positions staff will include current UAHS and college players. (Due to NCAA regulations we can't include their names).

[www.goldenbearslacrosse.com](http://www.goldenbearslacrosse.com)

## The Three Bears

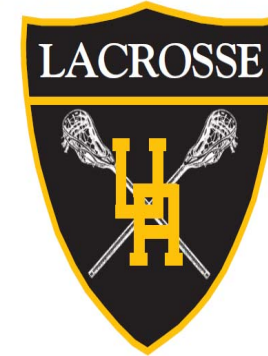


Head Coach UAHS  
Ted Wolford



Head Coach Hastings  
Dan Hendrickson  
Head Coach Jones  
Brett Diehl

UPPER ARLINGTON



# THREE BEARS LACROSSE CAMPS

[WWW.GOLDENBEARSLACROSSE.COM](http://WWW.GOLDENBEARSLACROSSE.COM)

THIS ACTIVITY IS NOT SPONSORED BY THE  
UPPER ARLINGTON CITY SCHOOL DISTRICT

## Camps and Dates

Camps are designed for instruction by current 10-11 grade levels. Please follow your grade level and don't register at any higher level.

### Brave Warriors-#1 (K-2<sup>nd</sup> grade)

\*Monday, June 13<sup>th</sup>-Wednesday, June 15<sup>th</sup>

\*Jones M.S., 6:00-8:00pm

\*\$90.00 per camper

\*This camp will be entirely non-contact (no games). A softer ball will be used. The camp is loaded with fun drills for the beginner of the game. Helmets and other protective equipment are not required. Campers must have a stick, mouth guard and water bottle.

### Brave Warriors-#2 (K-2<sup>nd</sup> grade)

\*Tuesday, June 28<sup>th</sup>-Thursday, June 30<sup>th</sup>

\*Hastings M.S., 10:00am-12:00pm.

\*Same as above.

### Little Bears (3<sup>rd</sup> & 4<sup>th</sup> grade)

\*Friday June 10<sup>th</sup> 6:00-8:00pm

Saturday, June 11<sup>th</sup> 10:00am-1:00pm

Sunday, June 12<sup>th</sup> 12:00-3:00pm

\*UAHS, stadium field.

\*\$125.00 per camper

\*This camp will build on fundamentals of the game. We will have lots of skills and drills to master the fun of the game. If you're new to the game, don't worry we're here to help all levels.

\*Campers need their own stick and mouth guard.

\*Limited amount of loaner equipment will be available. Please let us know if you need equipment.

\*Please arrive  $\frac{1}{2}$  hour early, first day, if you need to be fitted for equipment.

### Middle Bears (5<sup>th</sup>-7<sup>th</sup> grade)

\*Friday, July 1<sup>st</sup>, 5:30-7:30pm

\*Saturday, July 2<sup>nd</sup>, 9:00am-12:00pm

\*Sunday, July 3<sup>rd</sup>, 12:00pm-3:00pm

\*UAHS, stadium field.

\*\$125.00 per player

\*This camp will build on fundamentals used at the middle school level.

\*Campers need their own stick and mouth guard.

\*Limited amount of loaner equipment will be available. Please let us know if you need equipment.

## Camp Application

To enroll, fill in all required information on BOTH sides of this application and return it with check for the full amount of the camp. Make checks out to **"Three Bears Lacrosse Camps"** and write **camp attending on memo of check**. Mail to Three Bears Lacrosse Camps P.O. Box 21721 Columbus, OH 43221-0721 Parent or Legal Guardian must sign & initial as indicated on the form before player can participate in the Three Bears Lacrosse Camps. **Refunds will have a handling fee of \$15.00.**

### Please Print-only one player per form:

\_\_\_\_\_ Campers Name (Last, First)

\_\_\_\_\_ Address

\_\_\_\_\_ City, State, Zip

\_\_\_\_\_ Home phone

\_\_\_\_\_ Emergency phone-cell(s)

\_\_\_\_\_ Current 10/11grade

\_\_\_\_\_ School

\_\_\_\_\_ Brave Warriors Camp #1 or #2

\_\_\_\_\_ Current or desired position (3<sup>rd</sup>-7<sup>th</sup>)

\_\_\_\_\_ Parent (s) / Guardian (s) name (Last, First)

\_\_\_\_\_ Insurance Company

\_\_\_\_\_ Policy number

\_\_\_\_\_ Email---Print real nice please ☺

## Insurance & Waiver Form

\_\_\_\_\_ Please print participant's name (Last, First)

\_\_\_\_\_ Please print Parent Guardian Name (Last, First)

### Emergency Medical Treatment Authorization

I (we) being the legal guardian(s) of the participant, authorize the Three Bears Lacrosse Camps, it's staff, directors, referees, or agents to request medical treatment, as may be deemed reasonable by The Three Bears Camp, to insure the well being of the Participant. I (we) have attached a written statement detailing all physical limitations, medications, allergies and/or medical condition that be required and helpful in providing medical attention for the Participant.

\_\_\_\_\_ (initial) the Participant has had a satisfactory physical within the last year.

\_\_\_\_\_ (initial) the Participant has permission to participate in The Three Bears Camps.

\_\_\_\_\_ Signature(s) of Parent(s) / Guardian (s)

### Waiver and Release

I (we) the undersigned, for ourselves, our heirs, executors, and administrators; waive, release, hold harmless, indemnify, and forever discharge The Three Bears Lacrosse Camps, it's staff, directors, Agents, referees, representative, employees, successors, and assigns from, any and all liability, claims, judgments, demands or damages arising out or in connection with bodily injuries, sustained by the participating during his participation in the Three Bears Lacrosse Camps regardless of the nature or cause of such injuries.

By signing below, I (we) certify that the Participant is physically fit and capable of playing lacrosse; the Participant's participation in the Three Bears Lacrosse Camp; and, that (we) have full and absolute authority to grant permission on behalf of the Participant. I (we) also understand that the Three Bears Camp is not a function of the Upper Arlington City schools.

\_\_\_\_\_ Signature(s) of Parent (s) / Guardian (s)

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